

Volume 42 Number 9

Capital Area Service Committee of Narcotics Anonymous

Rachelle, Area Chair, opened the 443rd meeting of CASNA on 09/13/2026, at 2:00 PM, with the Serenity Prayer. **Stephen T.** read the 12 Traditions, and **Stephen T.** read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts GSR count/Attendance/Welcome new GSRs/New Meetings
Correction/approval of the minutes Orders of the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept). Extended discussion rests with the chair.
2. A member may speak once on an issue.
3. The Chair must recognize a member to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. For an item to be placed on the agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once on a discussion topic for a maximum of 5 minutes. Opening the Treasurer's report Groups with problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

Quorum: 9

GSR count: 19 @ 2:04 PM 19 @ 3:01 PM

Attendance notes:

Open Positions: Vice Treasurer

*****Next Area Meeting 10/03/2026*****

New GSRs: Raina for Share & Care

Awilda for Solo Por Hoy

New Meetings: Solo Por Hoy (New Spanish NA Group) Tues 7 - 8:15PM - Saint Francis Community Center
1459 Zarker St. Harrisburg, PA

Corrections to Minutes:

Orders of the Day:

Opening Treasurer's Report: See Attached

Groups with Problems: The Acceptance group that meets on Sunday and Tuesday in Carlisle needs support.
GSR Chris W.

The Message of Hope group that meets on Friday needs home group members willing to serve and help carry the message. GSR Jody B.

Group Reports:

Acceptance- Tues 7-8 PM- 64 E North St, Carlisle, PA- Both meetings remain small in attendance. We do have 5 home group members. Literature order of \$43.80 today. In need of updated meeting lists. Chris W.

All Are Welcome- Wed 7-8:10 PM- 54 Bank St, Harrisburg, PA - The meeting is going very well. We average about 50 to 60 people every week. Our rent is paid ahead and we donate to Area every month. Thank you for allowing me to serve. GSR Boo V.S.

Any Lengths- Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No report

Back to Basics- Wed 7 - 8 PM- 135 W Simpson St, Mechanicsburg, PA- No report

Bottom Line- Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA - Group is doing well! No issues at present. Purchasing literature and making a donation to Area! Upcoming event Sept 25th & 26th - 2 day Speaker Jam! Thanks for allowing me to serve. GSR Rich B.

Clean and Free- Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No report

Commitment to Change- Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Cut and Dry- Fri 7- 8:30 PM 914 S 21st St, Harrisburg, PA (21st & Derry)- No report

Desire to Grow- Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA - Group attendance has dropped a little. We are in moderate need of more home group members, but otherwise things are good. GSR Sean B.

Exodus to Genesis- Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- The meeting is well. GSR Ms DiJawn A.

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA - No report

H.A.N.A- Fri 6:30- 8 PM 901 N 6th St, Harrisburg, PA- The H.A.N.A is doing ok we are getting a nice crowd every Friday night, we have a new format, new members. I believe we have a couple of anniversaries next month. The message of recovery is being spread. Thanks for letting me serve. GSR Chris P.

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- No report

H.O.W Group- Mon 5:30 PM – JFT 300 Market Street Lemoyne, PA- No report

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- Our meeting is going ok. We are carrying the message, opening and closing on time. Thanks for allowing us to serve. GSR

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report

Life or Death- Sun 7-8 PM- 221 S 2nd St, Steelton, PA - The group is doing well. Our numbers continue to grow. The group asks that when you come into the meeting please do not block the exits with chairs and please do not move chairs. They are set up this way to avoid blocking the exits. Thank you for allowing me to serve. GSR Heather B.

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report.

Lunch Bunch- Mon-Sat 12- 1 PM 309 Herman Ave, Lemoyne, PA (In person & Zoom) - No report

Message of Hope- Fri 7-8 PM- 4685 Mt Zion Dr, Enola, PA- Steady attendance, need more home group members willing to be of service. GSR Jody B.

Nothing to Fear- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- No report

O.D.O.P.- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - No report

Only Hams are Cured- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA - We are working well together. Our meeting attendance has increased. We are able to buy the literature and tags we need to get. Donate to Area and pay our rent, etc... GSR Marcellus M.

On Life's Terms- Mon 6:30- 8:15 PM- 901 N. 6th St, Harrisburg, PA- No report

Saturday at Swatara- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report

Share and Care- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report

Solo Por Hoy- Tues 7-8:15 PM- 1459 Zarker St, Harrisburg, PA- Representing a new spanish area group. "Solo Por Hoy" starting October 6, 2026 @ 1459 Zarker St, Harrisburg, PA 17104. The GSR for the group is Awilda G. and the alternate is Ray H. Please spread the good news to Spanish-speaking homegroup members. GSR Awilda G.

Steps and Traditions- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- Meeting is doing well. Attendance has been good. No problems to report. GSR Tony W.

Steps to Freedom- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- Group is doing well. Always looking for new members.*Note from the church - We need to clear the back area of any items we are not using and also

keep our items in the area for our meeting. Each group is labeled. GSR Derek C.

The Ties that Bind Us Together- No report

Twisted Sisters Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- No report

Value of Life- Sun 6- 7 PM- 130 Nittany Dr. Mechanicsburg, PA- Attendance remains moderate. We continue to attract a number of newcomers. No problems to report. Thanks for allowing me to serve, Stephen T.

We Do Recover- Mon 7- 8:15 PM- Cifelli House, 1422 Market St. Harrisburg, PA- No report

Subcommittee Reports:

Audit: We met (for the Area Audit) August 10th, 2026 at the Silver Spring Diner in Mechanicsburg, PA. Present were Area Treasurer, Audit chair and Audit co-chair. We made a small adjustment of \$64.48, in Area's favor, to balance everything out as of January 1, 2026. There was a deposit discrepancy, in Area favor, of \$101.70 in March of 2026. We also made a final adjustment of \$61.35, in Area favor, to balance out our records with the bank statement ending June 30, 2026. The January 1, 2026 and June 30, 2026 adjustments were small and deemed immaterial, so no further review was conducted. We will be contacting Unity to set up an audit sometime in September or October. Thank you for letting me be of service. David P. Audit Chairperson

Hospitals & Institutions: Jan A. started the meeting at 12:30 PM and she let everyone know that she will be stepping down as H&I chair. Morgan will be stepping up from Vice-chair. Matt B. can no longer go into Conewago. Whoever takes the commitment will need to be cleared. We need members to help carry the message, especially women. We are going to announce this at our home groups. I'm going to send a group text to our members and try to get more people here next month to vote. We had 10 panel leaders and had 1 new member attending their first meeting.

Facility Reports:

- Arkview - is on Tuesdays 7:30 - 8:30 PM. Jim M. and Matt B. will be splitting. All is well.
- C-90 - is on Thursdays 7 - 8 PM. Damien, Marlin and Shelva. All is well.
- Common Ground- is on Thursdays 6 - 7 PM. Rob G and Zach split. All is well.
- Conewago - is on Mondays 7 - 8 PM. Matt B. can no longer go and will let them know.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Georgeanna's commitment. Jan A. no longer splits.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin, no report.
- New Insights – is on Saturdays 7 - 8 PM. Damian, all is well.
- Women's Work Release (DC) – is on Wednesdays 7 - 8PM - Georgianna, all is well.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin, no report.

Morgan B. H&I Chairperson

Literature: These numbers have last month included, but I don't know how much.

Starting	\$ 300.54
Income	\$1138.95
Sub-committee	<u>\$ 130.40</u>
Ending	\$1769.89

Gave \$1,554.70 to the Treasurer. Kept \$84.79 in the lock box. Will update the meeting list and send to the webservant. I will also get meeting lists ordered. Candace M. Literature Chairperson

Marathon: No report

Marathon Treasurers Report: No report

Policy: The Policy Committee met once this month. The committee reviewed and discussed the two policy motions presented at the previous Area Service meeting.

The committee reviewed the motion transferring responsibility for providing meeting changes to the Web Servant from the PR Chairperson to the Literature Committee Chairperson. The Committee finds no issues with this policy. The committee notes that allowing groups to provide meeting changes directly to the Web Servant could reduce the administrative burden placed on the Literature Committee Chairperson and allow changes occurring between Area Service meetings to be posted promptly. This would supplement, rather than

prevent, the Literature Chairperson from ensuring that the meeting list is kept current.

The committee also reviewed the outcome of the regional motion concerning changes to the policy voting cycle. The motion was ruled out of order because it conflicted with existing policy. Consequently, the motion did not establish a new procedure for adopting policy and did not eliminate the existing 100% notification requirement. Thank you for allowing us to serve. Stephen T. & Heather B.

Public Relations: The chair apologizes for his absence today. PR was present for Recovery Night at the Senators game on City Island last week. That commitment went well and was a lot of fun. PR did a presentation at St. Francis for the Spanish speaking meeting starting in October. That also went well. The chair sends his apology to the area, because it was brought to his attention that there are errors online with the CASNA meeting list. The chair will be communicating with the Web Servant and have that corrected this month. DiJawn A. Vice Chairperson

RCM: Regional service committee went well. There were 14 Area's present. The CASNA has received 5 New Comer packages for MARLCNA 42. The Region did give me a check for \$26.77 for supplies. I showed up an hour and a half late to Region. Bad time management and wrong address information. I just want to apologize to CASNA and will do better moving forward. Thank you. Francois F. Vice Chairperson

Unity Committee: We have several events lined up for the next 3 months. The last speaker jam was a success, and both cookouts had positive outcomes! We need committed trusted servants to help serve on the committee. We have 3 people actively, who have commitments at this time. The next event is September 19, 2026. Thanks for allowing me to serve. Rich B. Chairperson

Unity Treasurers' Report: See attached

Elections: Damien - Vice Chairperson for the Unity Committee

Aura - Vice Treasurer for the Unity Committee

New Business:

M09.26 P1 - That the Capital Area Service Committee authorize submission of MARSCNA Proposed Policy Motion 1 — "Three-Meeting Voting Process" to the Mid-Atlantic Regional Committee at its December 2026 meeting, and direct the Area Policy Chair to carry the motion to home groups for group conscience; with discussion at the October 2026 CASNA meeting and a vote at the November 2026 CASNA meeting. Intent: This motion would codify the Region's established practice – in place since 2023 – of requiring three RSC meetings for any motion that creates, changes, or removes Regional Policy: one meeting where it is introduced, one where it is discussed, and one where the vote is taken. It would also amend Policy 0004.09 to link the notification requirement to the minutes of the meeting of introduction, correcting an existing inconsistency. Before submitting this motion to the Region in December, CASNA is seeking group conscience from its home groups. Written by: Stephen T. 2nd by Heather B. **Discussion October, Vote November**

M09.26 P2 - That the Capital Area Service Committee authorize submission of proposed Policy Motion "Quorum and Attendance Credit" to the Mid-Atlantic Regional Service Committee at its December 2026 meeting, and direct the Area Policy Chair to carry the motion to home groups for group conscience; with discussion at the October 2026 CASNA meeting and a vote at the November 2026 CASNA meeting. Intent: This motion would put in writing the rule that a vote is valid based on who was present when the vote was taken – not who stayed until the end of the meeting. It would also define when an Area gets attendance credit for a RSC meeting (present through adjournment), and say what the chair must do if quorum is lost during a meeting. Before submitting this motion to the Region in December, CASNA is seeking group conscience from its home groups. Written by: Stephen T. 2nd by Heather B. **Discussion October, Vote November**

M09.26 P3 - To remove policy stating that the Unity Committee will charge \$5 admission at the monthly dance. Intent: to resolve any confusion when the Unity treasurer gives their report and because of lack of participation at the monthly dances. Written by: Heather B. 2nd by: Rich B. **Discussion October, Vote November**

M07.26 P1 - To have a literature subcommittee guideline that chair/vice-chair be responsible to forward all meeting list updates to webservant immediately **1 week after** following area service meeting and/or time of update from home groups. Intent: to create a single point of accountability and direct communication for information to be relayed between area service and webservant. Amended Intent: Give literature a reasonable period of time to complete updates. Written by: Jan A. 2nd by David P. **Discussion September, Vote October**

House Keeping Motions:

M09.26 H1 - Asking for the Area to donate 6 books (Spanish “Blue Book” condensed reading) to the Group “Solo Por Hoy.” Intent: to have for the start of the meeting on October 6, 2026. Written by: Awilda G. 2nd by: Francois F. Yay 18 - 0 - 1 Nay *****PASSED*****

M09.26 H2 - Unity Committee requesting \$100 from Area. Intent: to support Area Unity functions. Written by: Ashley B. 2nd by: Rich B. Yay 19 - 1 - 0 Nay *****PASSED*****

Old Business:

Discussion Topics:

#1 Conflict of interest about DJing and on the committee. Written by: Rich B.

#2 What happened to the marathon money! Written by: Gerald W.

ATTENDANCE

Position	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P	A	P	P			
Area Vice Chair	P	P	P	P	P	P	P	P	P			
Secretary	P	P	P	P	P	P	P	P	P			
Vice Secretary	O	P	P	P	P	P	A	P	P			
Treasurer	P	P	P	P	A	P	P	P	P			
Vice Treasurer	O	O	O	O	O	O	O	O	O			
Audit Chair	/	/	/	/	/	/	/	P	A			
Audit Vice Chair	/	/	/	/	/	/	/	A	P			
Unity Chair	P	P	P	P	P	P	P	P	O			
Unity Vice Chair	P	A	P	A	P	P	P	P	P			
Unity Treasurer	P	P	P	P	P	A	P	P	O			
Unity Vice Treasurer	P	A	P	A	A	O	O	A	P			
RCM	A	P	P	A	A	P	P	P	A			

[illegible]

ODOP	P	P	P	P	P	P	P	A	P			
Only Hams Are Cured	P	P	P	P	P	P	P	P	P			
On Life's Terms	A	P	P	A	P	A	A	P	P			
Saturday at Swatara	A	A	A	A	A	A	A	A	A			
Share & Care	A	A	A	A	A	A	A	A	P			
Step & Tradition	P	P	P	P	P	P	P	P	P			
Steps to Freedom	/	/	/	/	/	/	/	P	P			
The Ties That Bind Us	A	A	P	P	P	A	P	P	A			
Twisted Sister	P	P	P	P	P	P	P	P	P			
Value of Life	P	P	P	P	P	P	A	P	P			
We Do Recover	A	A	A	A	A	A	A	A	A			
Total Group Attendance =	17	16	17	16	16	17	18	14	19			

CASNA MONTHLY TREASURER SEPTEMBER

		Ck#
Opening Balance	\$1,626.95	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$126.95	
INCOME		
Group Donations	\$561.77	
Literature Income	\$1,683.80	
T-shirt match		
Audit Adj for 1/1/2026	\$64.78	
Audit Adj for 6/30/2025	\$61.35	
Income Adj March 2026	\$101.70	
TOTAL INCOME	\$2,473.40	
EXPENSES		
Answer First	\$115.10	
Verizon	\$51.20	
Dex Media	\$10.70	
Area Rent	\$50.00	262
Meeting List		
H I lit	\$99.50	
P R lit	\$30.90	
Secretary	\$18.50	261
Unity	\$100.00	264
Minuteman press	\$6.85	265
NAWS litature 1069583	\$66.80	266
TOTAL EXPENSES	\$549.55	

Working Balance	\$2,050.80
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$3,550.80
Marathon reserve	\$100.00
Less Reserve to T-Shirts	\$100.00
Balance Available to use	\$3,350.80

Group Donations		Rcpt #	Ck #
Acceptance Group			
All Are Welcome			
Any Lengths			
Back To Basics	\$20.00	567302	
Bottom Line Group	\$26.00	567299	
Commitment To Change			
Cut & Dry			
Desire To Grow			
Early Bird Gets The Warm			
Exodus To Genesis			
Gathering Place			
H.A.N.A.			
Honest Group			
H.O.W. Group			
Just For Today	\$115.00	567298	
Just For Tonight			
Keeping The Hope Alive			
Life Or Death			
Linglestown Meeting	\$89.00	567294	
Living The Dream			
Lunch Bunch			
Message Of Hope			
Nothing To Fear			
ODOP	\$26.00	567296	
Only Hams' Are Cured			
On Life's Terms	\$114.00	567295	
Saturday At Swatara			
Share & Care			
Step And Tradition	\$120.00	567293	
Steps To Freedom	\$25.00	567297	
The Ties That Bind Us			
Twisted Sister			
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
REGION	\$26.77	567300	
Total Group Donations	\$561.77		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: 9/7/26 Labor Day Cookout
STARTING BALANCE: \$ 525

INCOME

ADMISSION: Donations \$ 30
FOOD: Drinks \$ 295
MISCELLANEOUS ITEMS: 50/50 raffle \$ 162

SUB-TOTAL: \$ 487

NEW BALANCE: \$ 1,012

EXPENSES

FACILITY RENT: _____
D.J.: _____
FOOD: \$ 275
MISCELLANEOUS ITEMS: _____

SUB-TOTAL: \$ 275

ENDING BALANCE: \$ 737

COMMENTS: Will Give August 2026 treasury
report next area meeting. We
need members to join the Committee!
Thanks for allowing us to serve.
Ashley B.

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE: 9/12/24 All Area Cookouts

STARTING BALANCE: \$737

INCOME

ADMISSION: _____

FOOD: _____

MISCELLANEOUS ITEMS: _____

SUB-TOTAL: \$737

NEW BALANCE: \$737

EXPENSES

FACILITY RENT: \$70

DJ: _____

FOOD: \$ ~~630~~ 315

MISCELLANEOUS ITEMS: Charcoal \$15

SUB-TOTAL: \$400

ENDING BALANCE: \$337